

Saturday, June 3, 2017

Registration from 7:00 to 7:50 a.m. | 5K Run/Walk begins at 8 a.m.
Course is flat, along the Clinton River Trail with one hill

Older Persons' Commission (OPC)
650 Letica Drive, Rochester, MI

BIB/SHIRT PICK-UP:

June 1 and 2 from 7 a.m. to 8 p.m. in the OPC lobby

All proceeds will benefit OPC's Meals on Wheels Program, which provides daily meals for homebound seniors seven days a week. Every \$5 raised = one home delivered meal!

Sponsored by



Dana Wilson, Attorney



- ✓ T-Shirt for participants who register by May 29, 2017
- ✓ Awards in 10-year age groups (chip time event)
- ✓ Prizes for oldest and youngest walkers
- ✓ Refreshments

REGISTRATION FORM for 2017 5K Run/Walk

OR register online at Eastsideracingcompany.com (credit card payment will show www.erc.com)

LAST Name _____ FIRST Name _____

Address _____ Birthdate _____

City _____ State _____ Zip _____

Phone _____ Email _____

SELECT DIVISION/RACE:

- MALE 5K (Timed)
- FEMALE 5K (Not Timed)
- WALK (Not Timed)
- DONATION ONLY

SHIRT SIZE:

- YOUTH LARGE
- SMALL X-LARGE
- MEDIUM 2X-LARGE (Add \$2)

ENTRY FEE:

- \$20 PRE-REGISTRATION (BY 5/29/17)
- \$30 RACE DAY REGISTRATION
- \$15 AGE 12 AND UNDER

ADDITIONAL DONATION (if desired)

\$ _____

Enclosed is my check (# _____) payable to OPC in the amount of \$ _____

Please charge my registration to: Visa Mastercard Discover

Card #: - - - Exp. Date: _____

Name on card (if different from registrant) _____

WAIVER: *In acceptance of my registration for OPC's 5K Run & Walk, I hereby release OPC and all participating groups, sponsors and persons officially connected with this event from any and all injury or damage whatsoever from my participation.*

Signature of applicant or parent/legal guardian (if under 18 years of age):

NAME _____ DATE _____

MAIL REGISTRATION FORM TO: OPC, 650 Letica Drive, Rochester, MI 48307 (Additional forms can be downloaded at opcseniorcenter.org)

For more information, call Matthew Spierling at (248) 659-1021.