



April 2021 Schedule

Pools | Walking Track | Weight & Cardio Rooms Pickleball | Table Tennis | Badminton

Gym, Pools, Weight & Cardio and Walking Track Guidelines and Registration Details

Participation requirements: Everyone must wear a mask and practice social distancing while in the facility and have a reservation or appointment. If you don't have a mask, one will be provided to you. Upon entering the facility members will receive a no-contact temperature check and health screening and are required to sign a revised Code of Conduct/Disclaimer. Advance registration on MyActiveCenter.com or by calling 248-659-1029. For Gym, Pools and Weight & Cardio park on the lower level and enter through the aquatic entrance for the health screening.

Gym, Pools, Weight & Cardio and Walking Track Schedules							
	Pickleball Ball	Table Tennis	Badminton	Cardio & Weight Room	Lap Pool	Therapy Pool	Walking Track
Mon	2:00-3:10 pm 3:30-4:45 pm			8 am-4 pm	8 am-5 pm	8:15-4 pm	8 am-4 pm
Tue				8 am-4 pm	8 am-7 pm	8:15-5 pm	8 am-4 pm
Wed	12-1:15 pm 1:30-2:45 pm	3:15-4:30 pm		8 am-4 pm	8 am-5 pm	8:15-4 pm	8 am-4 pm
Thu			5-6:30 pm	8 am-4 pm	8 am-7 pm	8:15-5 pm	8 am-4 pm
Fri	1:00-2:15 pm 2:30-3:30 pm			8 am-4 pm	8 am-5 pm	8:15-4 pm	8 am-4 pm

PREREGISTRATION REQUIRED FOR ALL ACTIVITIES:

Pickleball: 2 courts - Max of 12 reservations. \$2 per session. Bring own equipment.

Table Tennis & Badminton: 2 tables/courts available. Max of 8 reservations. Bring your own equipment -\$2

Pools: 45-minute time slots with two (2) people per lane start on opposite sides. Masks must be worn on the pool deck but not in the water or while showering. No equipment is provided (noodles, belts, dumbbells, etc.) bring your own blow dryer. Pay upon entry: \$3 per session or purchase a \$50 Open Swim Punch card.

Weight and Cardio Rooms: 45-minute unlimited sessions. \$2 a session or purchase a \$50 Fitness Punch card

Walking Track: 45-minute unlimited sessions, max of 15 people at a time wearing a mask on the track. Park on the upper level and enter through the main entrance for the health screening.

**Registration Required!
Register Early!
Limited Capacity!**

**MyActiveCenter on the
homepage of the OPC
website
or
Call 248.659.1029
Mon – Thurs. 9 am – 3 pm |
Fri. 9 am to noon**

**See pages 14 – 15 of the
April Newsletter**