



June 2021 Schedule

Pools | Walking Track | Weight & Cardio Rooms | Pickleball
Table Tennis | Badminton | Billiards | Basketball

Gym, Pools, Weight & Cardio and Walking Track Guidelines and Registration Details

Participation requirements: Everyone must wear a mask and practice social distancing while in the facility and have a reservation or appointment. If you don't have a mask, one will be provided to you. Upon entering the facility members will receive a no-contact temperature check and health screening and are required to sign a revised Code of Conduct/Disclaimer. Advance registration on MyActiveCenter.com or by calling 248-659-1029. For everything below, except for the Walking Track, park on the lower level and enter through the aquatic entrance for the health screening.

SCHEDULES

	Pickleball	Table Tennis	Badminton	Basketball	Cardio & Weight Room	Lap Pool	Therapy Pool	Walking Track
Mon	Novice 1-4 pm	1-4 pm			8 am-4 pm	8 am-5 pm	8 am-5 pm	8 am-4 pm
Tue	Inter/Advanced 2-3:30 pm				8 am-4 pm	8 am-6 pm	8 am-5 pm	8 am-4 pm
Wed	Inter/Advanced 1-4 pm	1-4 pm			8 am-4 pm	8 am-5 pm	8 am-5 pm	8 am-4 pm
Thu			5-6:30 pm	2 – 4 pm	8 am-4 pm	8 am-6 pm	8 am-5 pm	8 am-4 pm
Fri	All Levels 1-4 pm				8 am-4 pm	8 am-4 pm	8 am-4 pm	8 am-4 pm

PREREGISTRATION REQUIRED FOR ALL ACTIVITIES:

Pools: 55-minute time slots with two 2 people per lane starting on opposite sides and 6 people in the therapy pool. Masks must be worn on the pool deck but not in the water or while showering. No equipment is provided (noodles, belts, dumbbells, etc.) bring your own blow dryer. Pay upon entry: \$3 per session or purchase a \$50 Open Swim Punch card.

Weight and Cardio Rooms: 55-minute unlimited sessions. \$2 a session or purchase a \$50 Fitness Punch card

Walking Track: 55-minute unlimited sessions, max of 15 people at a time wearing a mask on the track. Park on the upper level and enter through the main entrance for the health screening.

**Registration Required!
Register Early!
Limited Capacity!**

**MyActiveCenter on the
homepage of the OPC
website
or
Call 248.659.1029
Mon – Thurs. 9 am – 3 pm
Fri. 9 am to noon**

**See pages 16-17 of the
June Newsletter for
more details**

**Park in the lower level for
these programs, except for
the Walking Track where you
enter through the main
entrance, upper lot.**