



# July 2021 Virtual Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:30 am – MAC Group	2	3
4	5 CLOSED FOR HOLIDAY	6	7 10:30 – Spanish Conv. Group	8	9	10
11	12 9 am – Virtual Body Strong 10:30 am – Mindful Monday 6 pm – Meditation	13 10 am – Technology Club	14 10:30 – Spanish Conv. Group	15 10:30 am – MAC Group	16	17
18	19 9 am – Virtual Body Strong 10:30 am – Mindful Monday 6 pm – Meditation	20	21 10:30 – Spanish Conv. Group	22 10:30 am – Michigan Eats	23	24
25	26 9 am – Virtual Body Strong 10:30 am – Mindful Monday 6 pm – Meditation	27 2:30 pm – Book Club	28 10:30 – Spanish Conv. Group	29	30	31

Information and links to register for these programs are available on the homepage under Featured Virtual Programs