



Please join us for a fun-filled event to benefit OPC's Meals on Wheels Program, which provides daily meals for homebound seniors 7 days a week.  
**EVERY \$5 RAISED = ONE HOME DELIVERED MEAL!**

**Saturday, June 1, 2019**

**OPC | 650 Letica Drive | Rochester, MI**

Registration from 7 to 7:50 a.m. | 5K Run/Walk begins at 8 a.m.  
*Course is flat, along the Clinton River Trail with one hill*

**Bib/Shirt Pick-Up:**

May 30 and 31 from 7 a.m. to 8 p.m. | OPC lobby

The OPC 5K Run/Walk is proud to be a featured event for the Clinton River Trail's 15<sup>th</sup> Anniversary!

- ★ T-shirts for participants who register by 5/10/19
- ★ Awards in 10-year age groups (*chip time event*)
- ★ Prizes for oldest and youngest walkers
- ★ Refreshments



*Presenting Sponsor*

**RUTKOWSKI**  
 LAW FIRM  
 ESTATE PLANNING & ELDER LAW



**REGISTRATION FORM for 2019 5K Run/Walk**

OR register online at [Eastsideracingcompany.com](http://Eastsideracingcompany.com) (*credit card payment will show www.erc.com*)

LAST Name \_\_\_\_\_ FIRST Name \_\_\_\_\_  
 Address \_\_\_\_\_ Birthdate \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_

**SELECT DIVISION/RACE:**

- MALE     5K (Timed)  
 FEMALE     DONATION ONLY

**SHIRT SIZE:**

- YOUTH     LARGE  
 SMALL     X-LARGE  
 MEDIUM     2X-LARGE (*Add \$2*)

**ENTRY FEE:**

- \$20 PRE-REGISTRATION (BY 5/31/19)  
 \$30 RACE DAY REGISTRATION  
 \$15 AGE 12 & UNDER  
 \$25 RACE DAY REGISTRATION (12 & UNDER)

**ADDITIONAL DONATION**  
*(if desired)*

\$ \_\_\_\_\_

Enclosed is my check (# \_\_\_\_\_ ) payable to OPC in the amount of \$ \_\_\_\_\_

Please charge my registration to:     Visa     Mastercard     Discover

Card #:     -     -     -        Exp. Date: \_\_\_\_\_

Name on card (if different from registrant) \_\_\_\_\_

**WAIVER:** In acceptance of my registration for OPC's 5K Run & Walk, I hereby release OPC and all participating groups, sponsors and persons officially connected with this event from any and all injury or damage whatsoever from my participation.

Signature of applicant or parent/legal guardian (if under 18 years of age): \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

**MAIL REGISTRATION FORM TO:** OPC, 650 Letica Drive, Rochester, MI 48307 (Additional forms can be downloaded at [opcseiorcenter.org](http://opcseiorcenter.org))  
 For more information, call Matthew Spierling at (248) 659-1021.