

# FEBRUARY 2020 - OPC Gym Schedule

650 Letica Drive • Rochester, MI 48307 • 248-656-1403 • [www.opcseniorcenter.org](http://www.opcseniorcenter.org)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM	<b>Open Gym</b> 6:30-9:00	<b>Open Gym</b> 6:30-9:00	<b>Open Gym</b> 6:30-9:15	<b>Open Gym</b> 6:30-8:30	<b>Open Gym</b> 6:30-8:00	\$2 All Levels Pickleball 7:00-9:00
8:00 AM						
9:00 AM	\$2 Int/Adv Pickleball 9:00-11:00 (No Feb 17*) *Indoor Golf Clinic 9:00-10:30 (2/17 only)	<b>Volleyball Tournament</b> 9:00-1:00 (pre-paid)	(1) Free Beg. Pickleball Lessons 9:30-10:30	<b>Volleyball Tournament</b> 8:30-12:00 (pre-paid)	<b>All Levels Pickleball Ladder (Pre-reg. only)</b> 8:00-12:30 (7:00-11:30 on Feb 28)	\$2 Basketball 9:00-11:30
10:00 AM			(2) Beg./Mentor Pickleball Games 10:30-11:30			
11:00 AM	\$2 Softball Practice 11:00-12:00		\$2 Int/Adv Pickleball 11:30-1:00			
12:00 PM	<b>Open Gym</b> 12:00-1:00		Pickleball Adv Practice 1 12:00-2:00 (Pre-Reg. only) (CT 1+2)			
1:00 PM	*\$2 Table Tennis 1:00-4:00 (COURT 1+2)	\$2 Novice Pickleball 1:00 - 4:00 (COURT 1+2)	*\$2 Table Tennis 1:00-4:00 (COURT 1+2)	2:00-4:00pm \$2 Novice Pickleball (CT 1 & 2)	\$2 Table Tennis 1:00-4:00 (COURT 1+2)	\$2 Novice Pickleball 2:00-3:30
2:00 PM	\$2 Novice Pickleball 1:00-4:00 (COURT 3+4)	\$2 Basketball Shootaround 1:00-4:00 (COURT 3+4)	\$2 Novice Pickleball 2:00-4:00 (COURT 3+4)	Pickleball Adv Practice 2 (pre-reg. only) (CT 3+4)	\$2 Novice Pickleball 1:00-4:00 (COURT 3+4)	
3:00 PM						
4:00 PM	\$2 All Levels Pickleball 4:00-6:00	\$2 All Levels Pickleball 4:00-6:00	\$2 All Levels Pickleball 4:00-6:30	\$2 Int/Adv Pickleball 4:00-6:00	\$2 Int/Adv Pickleball 4:00-6:00	
5:00 PM						
6:00 PM	\$2 Badminton 6:00-8:30	Pickleball Round Robin (prereg. only)	\$2 5-on-5 Basketball 6:30-8:30	\$2 Badminton 6:00-8:30	\$2 All Levels Pickleball 6:00-8:30	
7:00 PM		6:00-8:30				
8:00 PM			6:00-8:30			
The OPC will close at 11:45am on Friday, February 28th for Staff Development day.						
To locate the Gym Schedule at <a href="http://www.opcseniorcenter.org">www.opcseniorcenter.org</a> , go to the Activies tab and click on Fitness & Aquatics. The schedules are located to the right on the Fitness & Aquatic page. To register for classes and passes online go to <a href="http://www.myactivecenter.com">www.myactivecenter.com</a> .						
<b>In order to participate in the Wed 10:30 Beginner/Mentor Pickleball games you must be present for the 9:30 Beginner Lessons.</b>						
*Free beg. Table tennis lessons from 1:00-2:00 on Wednesdays and Fridays. Lessons include learning about the rules and basic techniques of the game. One time only lesson. Participaton after first lesson is \$2 drop-in.						