



August

CRITTENTON WELLNESS CENTER CALENDAR

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	Ask the Nurse Cindy McKenna, RN, BSN Hours: Mon.-Fri. 8a-4p (248)601-2888 Physical Therapist on Duty Mon, Wed, Thurs, 8a-4:30p Jennifer Kreiter, P.T. 	1 “What Is A Total Joint Replacement? Do I Need One?” Dr. Nick Frisch 9a– Light Breakfast 9:30a-10:30a Presentation Register 248-656-1403 ext 0  Ask the Nurse 8a-12n, 1-4p	2  Ask the Nurse 8a-12n, 1-4p	3 Family & Friends CPR Class 1p-3:30p Sign up at OPC Cashier’s Desk Cost:\$10 includes book 9a-9:30a “Chronic Fatigue” 9:30a-10:30a Ask Dr. Pradko  Ask the Nurse 8a-12n, 1-4p	4 Bone Density Screening 9a-11a Cost: \$2 Sign up at OPC Cashier’s Desk  Ask the Nurse 8a-12n, 1-4p	5
6	7  Ask the Nurse 8a-12n, 1-4p	8 Ask the Orthopedic Doctor Dr. Maibauer 9a-11a WALK-IN  Ask the Nurse 9a-12n, 1-4p	9 Ask the Dentist 9a-10a WALK-IN  Ask the Nurse 8a-12n, 1-4p	10 9a-9:30a “Chronic Fatigue” 9:30a-10:30a Ask Dr. Pradko  Ask the Nurse 10:30a-12n, 1-4p	11  Ask the Nurse 8a-12n, 1-4p	12
13	14  Ask the Nurse 8a-12n, 1-4p	15 Hearing Testing & Hearing Aid Cleaning 9:30a-12n Sign up at Cashier’s Desk Cost:\$2  Ask the Nurse 8a-12n, 1-4p	16 Attention Men ! PSA Testing 9a-10:30a Sign Up OPC Cashier’s Desk Cost:\$15 Same Day Results  Ask the Nurse 9a-12n, 1-4p	17 9a-9:30a “Chronic Fatigue” 9:30a-10:30a Ask Dr. Pradko  Ask the Nurse 8a-12n, 1-4p	18  Ask the Nurse 8a-12n, 1-4p	19
20	21  Ask the Nurse 8a-12n, 1-4p	22 Ask the Orthopedic Doctor Dr. Maibauer 9a-11a WALK-IN  Ask the Nurse 8a-10:30a, 1:30-4p	23  Ask the Nurse 8a-12n, 1-4p	24 9a-9:30a “Chronic Fatigue” 9:30a-10:30a Ask Dr. Pradko  Ask the Nurse 8a-12n, 1-4p	25  Ask the Nurse 8a-12n, 1-4p	26
27	28  Ask the Nurse 8a-12n, 1-4p	29  Ask the Nurse 8a-12n, 1-4p	30  Ask the Nurse 8a-12n, 1-4p	31 9a-9:30a “Chronic Fatigue” 9:30a-10:30a Ask Dr. Pradko  Ask the Nurse 8a-12n, 1-4p	Blood Pressure can be checked whenever nurse is available (check schedule). Refer to page 17 of the OPC August’s monthly newsletter for Crittenton Wellness Center Information	