



Enjoy a delicious lunch in the OPC Dining Room, Monday through Friday at 12:00 pm

Please call by 11:00 am the day before or for a meal on Monday call by 11:00 am on Friday. Call 248.656.1403 Ext 0 60 and Over - \$3 suggested donation | Under 60 - \$4 charge | Menu is subject to change based on availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Tuna Tetrizzini Green Beans Romaine Salad Peach Slices	<b>2</b> Meatballs w/Gravy Chive Potatoes Peas & Carrots Pear Slices	<b>3</b> Escalloped Chicken and Noodles Romaine Salad French Cut Green Beans Peach Halves	<b>4 BIRTHDAY LUNCH</b> Baked Chicken Mashed Potatoes Capri Blend Fruit Cocktail	<b>5</b> Cheese Pizza Three Bean Salad Red Apple Cookie
<b>8</b> Salisbury Steak Roasted Potatoes Succotash Applesauce	<b>9</b> Lemon Pepper Cod Oven Brownd Potatoes Herbed green beans Fresh Fruit Salad	<b>10</b> Beef Country Steak Asparagus Red Skin Potatoes Sliced Pineapple	<b>11</b> Chicken Breast Succotash Whipped Potatoes Fresh Pear	<b>12</b> Baked Pollack Almondine Vegetable Salad Rice Pilaf Key West Vegetable Prunes
<b>15</b> Macaroni & Cheese Pickled Beets Baby Carrots Red Apple Corn Muffin	<b>16</b> Turkey w/Vegetables Buttered Egg Noodles Romaine Garden Salad Four Fruit Salad	<b>17</b> Chicken Tetrizzini Peas Romaine Garden Salad Fruit Mixed	<b>18 FEATURED LUNCH</b> Pineapple Ham Oven Roasted Potatoes Crunchy Cauliflower Salad Mandarin Orange Salad Carrot Cake	<b>19</b> <div style="border: 1px solid orange; padding: 5px; text-align: center;">BUILDING CLOSED EASTER</div>
<b>22</b> <div style="border: 1px solid orange; padding: 5px; text-align: center;">BUILDING CLOSED EASTER</div>	<b>23</b> Meatloaf w/Gravy Oven Brownd Potatoes Carrots Plums	<b>24</b> Creamy Chicken Sliced Potatoes Mixed Vegetables Romaine Garden Salad Citrus Fruit	<b>25</b> Turkey Breast Herbed Green Beans Cabbage Slaw Tapioca Pudding	<b>26</b> Italian Ravioli Broccoli Cuts Romaine Spring Mix Apricots
<b>29</b> Tuna Pasta Salad Shredded Lettuce Peas V-8 Juice Fruit Cup Mini Muffin	<b>30</b> Smothered Chicken Red Skin Potatoes Cabbage Slaw Carrots Apple	<b>BIRTHDAY LUNCH Thursday, April 4</b> <b>11:45 am - 12:30 pm</b> Seniors celebrating birthdays will receive a complimentary lunch. SIGN UP by 11 am on Wed, April 3 and identify yourself as a "Birthday Senior". Call 248-656-1403 Ext. 0.		<b>♥ Thank you to the Assistance League of SE Michigan for hosting and serving the Valentine's Day lunch!</b> <b>All in attendance felt the love! ♥</b>

**Older Persons' Commission • 650 Letica Drive • Rochester, MI • 48307 • 248.656.1403**

The Senior Nutrition Program of the Area Agency on Aging 1-B is funded in part by the Federal Older Americans Act and the Michigan Department of Health & Human Services (MDHHS)/Aging and Adult Services Agency (AASA) and complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended, and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer program. Reasonable accommodations will be provided upon notification or request. **Contact information: [www.aaa1b.org](http://www.aaa1b.org) • 1.800.852.7795**

