

# December MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 2px solid red; border-radius: 15px; padding: 10px; background-color: #4f7942; color: white; display: inline-block;"> <b>MENU</b> is subject to change based on product availability.         </div>			<b>1 Beef Stroganoff</b> Egg Noodles French Cut Beans Peach Halves Dinner Roll	<b>2 Oven Baked Fish</b> Scalloped Potatoes Salad Steamed Spinach Apricots Dinner Roll
<b>5 Stuffed Cabbage</b> Oven Roasted Potatoes Parsley Carrots Fresh Pear Breadstick	<b>6 Chicken Breast w/ Gravy</b> Whole Potatoes Mixed Vegetable Fruit Medley Dinner Roll	<b>7 Italian Ravioli</b> Broccoli Cuts Three Bean Salad Fruit Cocktail Dinner Roll	<b>8 Sweet &amp; Sour Meatballs</b> Rice Sugar Snap Peas Oriental Blend Vegetable Orange Salad/Dinner Roll	<b>9 Baked Cod</b> Sliced Potatoes Peas Fresh Apple Bread
<b>12 Meatloaf</b> Brown Rice Cut Green Beans Broccoli Cuts Apple Breadsticks	<b>13 Pork Chop Creole</b> Roasted Potato Asparagus Peach Slices Whole Wheat Bread	<b>14 Meatloaf w/Gravy</b> Mashed Potatoes Green Beans Garden Salad Cherry Cheesecake Dinner Roll	<b>15 Bratwurst/Bun</b> German Potato Salad Sauerkraut Apple	<b>16 Lemon Pepper Cod</b> Oven Roasted Potatoes Capri Blend Vegetable Orange Wheat Roll
<b>19 Macaroni &amp; Cheese</b> Baby Beets Carrots Fruit Salad Corn Muffins	<b>20 Chicken Cutlet w/Gravy</b> Roasted Potatoes Broccoli Cuts Fresh Pear Breadstick	<b>21 Chicken w/Vegetables</b> Egg Noodles Garden Salad Grapes Dinner Roll	<b>22 Turkey Burger w/Bun</b> Tomato Salad Three Bean Salad Red Apple	<b>23 Tuna Noodle Casserole</b> Green Beans Romaine Salad Fruit Salad Bread
<b>26</b> <b>OPC CLOSED</b> <b>NO DELIVERY</b> <b>USE FROZEN MEAL</b>	<b>27 Meatloaf w/Gravy</b> Whole Potatoes Brussel Sprouts Banana Dinner Roll	<b>28 Breaded Pork Patty</b> Red Skin Potatoes Peas Applesauce Dinner Roll	<b>29 Chicken Broccoli Casserole</b> Rice Prince Charles Blend Orange Wheat Bread	<b>30 Stuffed Green Pepper</b> Sliced Potatoes Normandy Vegetable Apricots Wheat Bread

**Older Persons' Commission | 650 Letica Drive | Rochester, MI | 48307 248.656.1403**

The Senior Nutrition Program of the Area Agency on Aging 1-B is funded in part by the Federal Older Americans Act and the Michigan Department of Health & Human Services (MDHHS)/Aging and Adult Services Agency (AASA) and complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended, and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer program. Reasonable accommodations will be provided upon notification or request. **Contact information: [www.aaa1b.org](http://www.aaa1b.org) • 1.800.852.7795**