

# December MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 2px solid red; border-radius: 15px; padding: 10px; text-align: center;"> <p><b>JOIN US FOR LUNCH!</b>                      Lunch is served at OPC Mon - Fri at NOON                      Reservations required -                      Call 248.659.1032 by 11 am the day prior                      COST: 60 &amp; over - \$3 donation   Under 60 - \$4 charge</p> </div>			<p><b>1 Beef Stroganoff</b>                      Egg Noodles                      French Cut Beans                      Peach Halves                      Dinner Roll</p>	<p><b>2 Oven Baked Fish</b>                      Scalloped Potatoes                      Salad                      Steamed Spinach                      Apricots                      Dinner Roll</p>
<p><b>5 Stuffed Cabbage</b>                      Oven Roasted Potatoes                      Parsley Carrots                      Fresh Pear                      Breadstick</p>	<p><b>6 Chicken Breast w/ Gravy</b>                      Whole Potatoes                      Mixed Vegetable                      Fruit Medley                      Dinner Roll</p>	<p><b>7 Italian Ravioli</b>                      Broccoli Cuts                      Three Bean Salad                      Fruit Cocktail                      Dinner Roll</p>	<p><b>8 Sweet &amp; Sour Meatballs</b>                      Rice                      Sugar Snap Peas                      Oriental Blend Vegetable                      Orange Salad/Dinner Roll</p>	<p><b>9 Baked Cod</b>                      Sliced Potatoes                      Peas                      Fresh Apple                      Bread</p>
<p><b>12 Meatloaf</b>                      Brown Rice                      Cut Green Beans                      Broccoli Cuts                      Apple                      Breadsticks</p>	<p><b>13 Pork Chop Creole</b>                      Roasted Potato                      Asparagus                      Peach Slices                      Whole Wheat Bread</p>	<p><b>14 Meatloaf w/Gravy</b>                      Mashed Potatoes                      Green Beans                      Garden Salad                      Cherry Cheesecake                      Dinner Roll</p>	<p><b>15 Bratwurst/Bun</b>                      German Potato Salad                      Sauerkraut                      Apple</p>	<p><b>16 Lemon Pepper Cod</b>                      Oven Roasted Potatoes                      Capri Blend Vegetable                      Orange                      Wheat Roll</p>
<p><b>19 Macaroni &amp; Cheese</b>                      Baby Beets                      Carrots                      Fruit Salad                      Corn Muffins</p>	<p><b>20 Chicken Cutlet w/Gravy</b>                      Roasted Potatoes                      Broccoli Cuts                      Fresh Pear                      Breadstick</p>	<p><b>21 Chicken w/Vegetables</b>                      Egg Noodles                      Garden Salad                      Grapes                      Dinner Roll</p>	<p><b>22 Turkey Burger w/Bun</b>                      Tomato Salad                      Three Bean Salad                      Red Apple</p>	<p><b>23 Tuna Noodle Casserole</b>                      Green Beans                      Romaine Salad                      Fruit Salad                      Bread</p>
<p><b>26</b>                      BUILDING                      CLOSED</p>	<p><b>27 Meatloaf w/Gravy</b>                      Whole Potatoes                      Brussel Sprouts                      Banana                      Dinner Roll</p>	<p><b>28 Breaded Pork Patty</b>                      Red Skin Potatoes                      Peas                      Applesauce                      Dinner Roll</p>	<p><b>29 Chicken Broccoli Casserole</b>                      Rice                      Prince Charles Blend                      Orange                      Wheat Bread</p>	<p><b>30 Stuffed Green Pepper</b>                      Sliced Potatoes                      Normandy Vegetable                      Apricots                      Wheat Bread</p>

Older Persons' Commission | 650 Leticia Drive | Rochester, MI | 48307 248.656.1403

The Senior Nutrition Program of the Area Agency on Aging 1-B is funded in part by the Federal Older Americans Act and the Michigan Department of Health & Human Services (MDHHS)/Aging and Adult Services Agency (AASA) and complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended, and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer program. Reasonable accommodations will be provided upon notification or request. Contact information: [www.aaa1b.org](http://www.aaa1b.org) • 1.800.852.7795