

# Lunch Menu at OPC



# April



Enjoy a delicious lunch in the OPC Dining Room, Monday thru Friday at 12:00 pm  
 Please call by 11:00 am the day before or for a meal on Monday call by 11:00 am on Friday. Call 248-656-1403 Ext. 0.  
 60 and Over - \$3 suggested donation | Under 60 - \$4 charge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Meatballs w/Creamy Mushroom Gravy Chive Potatoes Peas & Carrots Pear Slices	<b>4</b> Icelandic Hoki Red Skin Potatoes Normandy Vegetable Blend Mixed Fruit Cup	<b>5</b> Italian Ravioli Broccoli Cuts Lettuce Spring Mix Apricots	<b>6</b> Ham Oven Roasted Potatoes Crunchy Cauliflower Tanjulin	<b>7</b> Hot Dog Baked Beans Cole Slaw w/green pepper Chips Fresh Watermelon
<b>10</b> Lemon Pepper Cod Oven Browned Potatoes Green Beans Vegetable Bread Fresh Fruit Salad	<b>11</b> Chicken Cutlet w/Gravy Mashed Potatoes Capri Blend Branchester Bread Fruit Cocktail	<b>12</b> Macaroni & Cheese Baby Beets Romaine Garden Salad w/Garbanzo Beans Corn Muffin	<b>13</b> Sweet & Sour Chicken Vegetable Salad Key West Vegetable Brown Rice Prunes	<b>14</b> BUILDING CLOSED FOR EASTER
<b>17</b> Roast Beef Mashed Potatoes Prince Charles Blend Garden Salad Orange Sections	<b>18</b> Turkey Tetrazzini Peas Romaine Garden Salad Whole Wheat Role Fruit Mixed Cup	<b>19</b> Pizza Supreme Three Bean Salad Romaine Garden Salad w/Garbanzo Beans Red Apple, Cookie	<b>20</b> Spanish Rice w/Meat Capri Blend Pickled Beets Branchester Bread Mixed Melon	<b>21</b> Chicken Divan Red Skin Potatoes Lima Beans Herb Bread Apple Crisp
<b>24</b> Stuffed Pepper Mashed Potatoes Salad Kale/Garbanzo Bean Fruit Medley	<b>25</b> Creamy Chicken w/vegetables Sliced Potatoes Mixed Vegetables Romaine Garden Salad Citrus Fruit Cup	<b>26</b> Turkey Breast w/Gravy Sweet Potatoes Cabbage Pineapple Slaw Pint Mountain Bread Tapioca Pudding w/Pineapple	<b>27</b> Beef County Steak Asparagus Red Skin Potatoes Fruit Parfait	<b>28</b> Pollock Almondine Oven Browned Potatoes Cole Slaw w/Green Pepper Glorified Fruit Cocktail
<b>HAPPY BIRTHDAY LUNCH</b> Thur April 6 11:45 am - 12:30 pm Seniors celebrating birthdays will receive a complimentary lunch. PLEASE SIGN UP FOR LUNCH by 11 am on Wed, April 5 and identify yourself as a "Birthday Senior". Call 248-656-1403 ext. 0.				

**Older Persons' Commission • 650 Letica Drive • Rochester, MI • 48307 • 248.656.1403**



The Senior Nutrition Program of the Area Agency on Aging 1-B is funded in part by the Federal Older Americans Act and the Michigan Department of Health & Human Services (MDHHS)/Aging and Adult Services Agency (AASA) and complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended, and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer program. Reasonable accommodations will be provided upon notification or request. **Contact information: [www.aaa1b.org](http://www.aaa1b.org) • 1.800.852.7795**