



Woodshop, Pools, Weight & Cardio Rooms, and Walking Track are back!

Participation requirements: Everyone must wear a mask and practice social distancing while in the facility. If you don't have a mask, one will be provided to you. Upon entering the facility members will receive a no-contact temperature check and health screening, verification of reservation or appointment, and collect a signed Code of Conduct/Disclaimer. Please refer to the Facility Opening Guidelines available on the OPC Website.

October 5: Woodshop

- Hours & Sessions: Monday-Thursdays, 8:30 - Noon and 1 pm – 4:30 pm; Friday Closed for cleaning & maintenance
- Limited to 2 sessions a week
- Required cleaning between the morning and afternoon sessions.
- Annual woodshop user card required \$100 for the year purchase in advance or upon entry.
- Park on the upper level and enter through the main entrance for the health screening. In order to meet occupancy requirements, members will need to make reservations in advance on MyActiveCenter.com or by calling 248-659-1029.

October 12: Lap & Therapy pools and Locker/Shower facilities

- Lap Pool Hours: Monday-Thursdays, 8:00 am – 3:00 pm; Fridays, 8 am-Noon
- Therapy Pool Hours: Monday-Thursdays, 8:15 am – 3:15 pm; Fridays 8:15-11:15 am
- 45-minute swim sessions. Limited to 2 sessions a week.
- Cost: \$3 per session or purchase a \$50 Open Swim Punch card upon entry. Previously purchased punch will be accepted.
- There will be no Aquatic Fitness classes at this time.
- Masks must be worn on the pool deck but not in the water or while showering.
- We are not providing any equipment for in the pool (noodles, belts, dumbbells, etc.) and patrons must bring their own blow dryer, we are not providing them at this time.
- Park on the lower level and enter through the aquatic entrance for the health screening. In order to meet occupancy requirements, members will need to make reservations in advance on MyActiveCenter.com or by calling 248-659-1029.

October 19: Weight and Cardio Rooms

- Hours: Monday-Thursdays, 9 am – 3 pm; Fridays, 8 am – Noon
- 45-minute session. Limited to 2 sessions a week.
- Cost: \$2 a session or purchase a \$50 Fitness Punch card upon entry. Previously purchased punch will be accepted.
- Park on the lower level and enter through the aquatic entrance for the health screening. In order to meet occupancy requirements, members will need to make reservations in advance on MyActiveCenter.com or by calling 248-659-1029.

October 26: Walking Track

- Hours: Monday-Thursdays, 8:00 am – 4:00 pm; Fridays, 8 am – Noon
- 45 Minute sessions. Limited to 2 sessions a week
- Max of 8 people at a time wearing a mask on the track
- Nu Step cross trainers will be allowed for use during session. Air dyne bikes and other cardio equipment will not be available due to the respiratory droplets being actively spread during usage.
- Park on the upper level and enter through the main entrance for the health screening. In order to meet occupancy requirements, members will need to make reservations in advance on www.MyActiveCenter.com or by calling 248-659-1029 Monday thru Thursday 9 am – 2 pm.

Fitness, Enrichment & Art Programming: Please refer to the October newsletter for all programming details.