



Woodshop, Pools, Weight & Cardio Rooms, and Walking Track Guidelines

Participation requirements: Everyone must wear a mask and practice social distancing while in the facility. If you don't have a mask, one will be provided to you. Upon entering the facility members, will receive a no-contact temperature check and health screening, reservation or appointment will be verified and collect a signed revised Code of Conduct/Disclaimer. Please refer to the Facility Opening Guidelines available on the OPC Website.

In order to meet occupancy requirements, members will need to make reservations in advance on [MyActiveCenter.com](https://www.myactivecenter.com) or by calling 248-659-1029.

Woodshop

- **Hours & Sessions:** Monday-Thursdays, 8:30 - Noon and 1 pm – 4:30 pm; Friday - Closed for cleaning & maintenance
- Limited to 2 sessions a week
- Required cleaning between the morning and afternoon sessions.
- Annual woodshop user card required \$100 for the year purchase in advance or upon entry.
- Park on the upper level and enter through the main entrance for the health screening.

Lap & Therapy Pools and Locker/Shower Facilities

- **Lap Pool Hours:** Monday-Thursdays, 8:00 am – 4:00 pm; Fridays, 8 am-Noon
- **Sessions: Monday – Thursday:** 8 – 8:45 am, 9 – 9:45 am, 10 – 10:45 am, 11 – 11:45 am, 12 – 12:45 pm
1 – 1:45 pm, 2 – 2:45 pm, 3 – 3:45 pm
- **Friday:** 8 – 8:45 am, 9 – 9:45 am, 10 – 10:45 am, 11 – 11:45 am
- **Therapy Pool Hours:** Monday-Thursdays, 8:15 am – 3:15 pm; Fridays 8:15 - 11:15 am
- **Sessions: Monday – Thursday:** 8:15 – 9 am, 9:15 – 10 am, 10:15 – 11 am, 11:15 – 12 pm, 12:15 – 1 pm
1:15 – 2 pm, 2:15 – 3 pm, 3:15 – 4 pm
- **Friday:** 8:15 – 9 am, 9:15 – 10 am, 10:15 – 11 am, 11:15 – 12 pm
- 45-minute swim sessions. Limited to 2 sessions a week.
- Pay upon entry: \$3 per session or purchase a \$50 Open Swim Punch card
- There will be no Aquatic Fitness classes at this time.
- Masks must be worn on the pool deck but not in the water or while showering.
- We are not providing any equipment for in the pool (noodles, belts, dumbbells, etc.) and patrons must bring their own blow dryer, we are not providing them at this time.
- Park on the lower level and enter through the aquatic entrance for the health screening.

Weight and Cardio Rooms

- **Hours:** Monday-Thursdays, 9 am – 3 pm; Fridays, 8 am – Noon
- **Sessions: Monday – Thursday:** 9 – 9:45 am, 10 – 10:45 am, 11 – 11:45 am, 12 – 12:45 pm, 1 – 1:45 pm
2 – 2:45 pm, 3 – 3:45 pm
- **Friday:** 9 – 9:45 am, 10 – 10:45 am, 11 – 11:45 am
- 45-minute sessions. Limited to 2 sessions a week.
- Pay upon entry: \$2 a session or purchase a \$50 Fitness Punch card
- Park on the lower level and enter through the aquatic entrance for the health screening.

Walking Track

- **Hours:** Monday-Thursdays, 8:00 am – 4:00 pm; Fridays, 8 am – Noon
- **Sessions: Monday – Thursday:** 8 – 8:45 am, 9 – 9:45 am, 10 – 10:45 am, 11 – 11:45 am, 12 – 12:45 pm
1 – 1:45 pm, 2 – 2:45 pm, 3 – 3:45 pm
- **Friday:** 8 – 8:45 am, 9 – 9:45 am, 10 – 10:45 am, 11 – 11:45 am
- 45 Minute sessions. Limited to 2 sessions a week
- Max of 8 people at a time wearing a mask on the track
- Nu Step cross trainers will be allowed for use during sessions. Airdyne bikes and other cardio equipment will not be available due to the respiratory droplets being actively spread during usage.
- Park on the upper level and enter through the main entrance for the health screening.

Fitness, Enrichment & Art Programming: Please refer to the newsletter for all programming details.