

Guidelines and Registration Details Pools, Walking Track, Weight & Cardio Rooms

Participation requirements: *Everyone must wear a mask and practice social distancing while in the facility and have a reservation or appointment. If you don't have a mask, one will be provided to you. Upon entering the facility, members will receive a no-contact temperature check and health screening and a signed revised Code of Conduct/Disclaimer. Please refer to the Facility Opening Guidelines available on the OPC Website.*

Make reservations in advance on [MyActiveCenter.com](https://www.myactivecenter.com) or by calling 248-659-1029.

Lap & Therapy pools and Locker/Shower facilities (3 Sessions per week limit)

- o Lap Pool 45-minute Sessions: Monday-Friday, 8:00 am – 5:00 pm
- o Therapy Pool 45-minute Sessions: Monday-Friday, 8:15 am – 4:00 pm
- o Pay upon entry: \$3 per session or purchase a \$50 Open Swim Punch card
- o Masks must be worn on the pool deck but not in the water or while showering. We are not providing any equipment for in the pool (noodles, belts, dumbbells, etc.) bring your own hair dryer.
- o Park on the lower level and enter through the aquatic entrance for the health screening.

Weight and Cardio Rooms (3 Sessions per week limit)

- o 45-minute Sessions: Monday-Friday, 8 am – 4:00 pm
- o Pay upon entry: \$2 a session or purchase a \$50 Fitness Punch card
- o Park on the lower level and enter through the aquatic entrance for the health screening.

Walking Track (3 Sessions per week limit)

- o 45 minute Sessions: Monday-Friday, 8:00 am – 4:00 pm
- o Max of 12 people at a time wearing a mask on the track
- o Park on the upper level and enter through the main entrance for the health screening.

Pickleball, Table Tennis and Badminton are back in the Gym

Participation Requirements:

- o Park on the lower level and enter through the aquatic entrance for the health screening.
- o Masks are required and must cover the nose while playing. It is highly recommended to wear a glove on your nonplaying hand.
- o **Players must bring their own equipment.** Each group uses their own balls or birdies that must be labeled.
- o Pay upon entry: \$2 per session.

Pickleball

- o Mondays 2:00 – 3:10 pm
- o Wednesdays 12:00 – 1:15 pm and 1:30 – 2:45 pm
- o Fridays 1:00 pm – 2:15 pm and 2:15 pm – 3:30 pm
- o 2 courts - Max of 12 reservations limited to 1 reservation a week

Table Tennis

- o Wednesdays 3:15 – 4:30 pm
- o 2 tables available. Max of 8 reservations.

Badminton

- o Mondays 3:30 – 4:30 pm
- o 2 courts available. Max of 8 reservations.